



Hybrid
STRONG



What it means to be an Athlete at NSWC

The NSWC is a family-oriented Club that brings together our smallest and oldest athletes under one roof. The NSWC has a long standing tradition of focusing on team. We rely on each other - player, coach and parent - to bring to life our values of caring, respect and positivity, including:

THINK FIRST BEFORE YOU SAY IT OR POST IT ON SOCIAL MEDIA

If you wouldn't say it to a person's face or to your mom/dad, don't say it or post it on social media. If you wouldn't want someone to post it about you; don't.

BE CARING AND KIND

Only make encouraging and positive comments. Inappropriate or threatening language, mean comments or name-calling will not be tolerated. Include others in your fun.

RESPECT PEOPLES PRIVACY

Don't post photos or videos of people without their permission (or their parents' permission if they're under 10). Don't share anyone's personal information.

RESPECT PEOPLE'S SPACE AND GAME PREPARATION

No "horsing around," wrestling or physical intimidation anywhere. No yelling or swearing – athletes should be preparing for their event.

TAKE CARE OF EACH OTHER AND OUR SPACE

Respect those athletes that are trying to rest or prepare for their game. They may be nervous or upset – think about how you might help them. If you see someone not acting appropriately, ask them to think about what they're doing or tell an adult. Clean-up after yourself and help keep our facility tidy (organize your gear and throw out garbage).

BE A GOOD SPORT AND A GOOD CLUB REPRESENTATIVE

Always encourage and cheer for other players, whether they're a NSWC team or not. Let our highly qualified coaches do their jobs; they should be the only ones coaching.

I _____, understand what it means to be a good athlete at NSWC. By signing below, I acknowledge that I will be held to the highest standards, as compared to my fellow athletes at this Club.

Signature

Date