

# NORTH SHORE WINTER CLUB

## Summer Kids Camp Guide 2021



### SUMMER CAMP REGISTRATION

**Members** April 6<sup>th</sup>, 10am

**Non Members** April 20<sup>th</sup>, 10am

Sign up at [www.nswc.ca](http://www.nswc.ca) or [nsw.gametime.net](http://nsw.gametime.net)



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NORTH SHORE  
WINTER CLUB

SPREAD THE WORD - JOIN THE CLUB TODAY

[www.nswc.ca](http://www.nswc.ca)



Contact [sales@nswc.ca](mailto:sales@nswc.ca) for more information or to schedule a tour today!

### REGISTRATION

**Member Registration Opens:** April 6th at 10am

**Non Member Registration Opens:** April 20th at 10am

*\*Please note non member registration may be limited or cancelled due to Covid-19.*

#### **There are 2 ways to register for Summer Camps:**

1. Online registration at [www.nswc.ca](http://www.nswc.ca) or [nsw.gametime.net](http://nsw.gametime.net)
2. Phone registration 604 985 – 4135

- All programs have a minimum and maximum enrollment.
- A waiting list will be formed after a program is filled.
- No credits or pro – rating will be provided for missed sessions.

### CANCELLATION POLICY

Cancellation requests must be in writing by emailing [cancellations@nswc.ca](mailto:cancellations@nswc.ca). Please include name of participant, name of the program and the start date and time of the program.

#### **Refunds as follows:**

- 100% Refund: Up to 120 hours (5 days) before program start time.
- 50% Refund: Less than 120 hours and up to 48 hours after the start of a program.
- No Refund: More than 48 hours after program start time.
- NSWC reserves the right to adjust any incorrect program fees or information due to printing errors and to cancel any classes due to low enrollment.
- Full refunds will be provided if a program is cancelled. Any decisions to cancel programs will be made a minimum of three days prior to the program start date. All participants will be informed by email or by phone.

### PAYMENT

- Payment must be made in full at the time of registration.
- Member accounts will be automatically charged.
- Public registration requires payment by credit card. No other payment is accepted.
- GST will be charged upon payment when applicable.

### POOL RULES AND INFORMATION

- *The safety of our Members and their guests using the pool is of utmost importance to the NSWC. Please review these important rules regarding those using our pool area.*
- *Children under the age of 8 years must be accompanied and within arm's reach of an adult over the age of 16 at all times, with the exceptions of those who have passed the NSWC swim test.*
- *Those under 8 years of age that have taken and passed the NSWC swim test still require adult supervision at all times and must be wearing wrist bands.*
- *Children are not allowed to wear flotation devices on the diving board.*
- *When the NO LIFEGUARD ON DUTY sign is up, only adults over the age of 19 are allowed to use the pool.*

### RED CROSS SWIMMING LESSONS

Summer at the NSWC is spent outside. Swimming lessons run May-September, so if you or your child would like to upgrade your swimming skills or learn to swim, register for our lessons. NSWC offers swim sets for those 3 years and older. Contact [aquatics@nswc.ca](mailto:aquatics@nswc.ca) with any questions.

Please note that due to the ongoing spread of the Covid-19 virus, swim lessons for those that cannot be in the water on their own will require parent participation.

At this time, all Preschool and Swim Kids 1 – 3 lessons are available with parent participation in the water only. An adult is required to be in the water with the child during the lessons. All lessons will be taught with the instructor on the pool deck to ensure physical distancing.

### RED CROSS SWIMMING PROGRAMS

Lesson sets run in two week sessions excluding statutory holidays and weekends.

#### LESSON SETS & DATES

**Set 1: May 3 – 7 & May 10 - 14**

**Set 2: May 17 – 21 & May 25 – 28**

*(No lessons May 24th)*

**Set 3: May 31 – Jun 4 & Jun 7 – 11**

**Set 4: Jun 14 – 18 & Jun 21 – 25**

**Set 5: Jun 28 – Jul 2 & Jul 5 – 9**

*(No lessons Jul 1st)*

**Set 6: Jul 12 – 16 & Jul 19 – 23**

**Set 7: July 26 – 30 & Aug 3 – 6**

*(No lessons Aug 2nd)*

**Set 8: Aug 9 – 13 & Aug 16 – 20**

**Set 9: Aug 23 – 27 & Aug 30 – Sep 3**



### PRICE PER SET

**Member: \$70** (30 min class)

**\$95** (45 min class)

### RED CROSS SWIM PROGRAM

**Ages: 3 yrs – 6 yrs**

Red Cross Swim Preschool & Tiny Tots is a program for 3 to 6 years of age, designed for different ages and abilities. Each level is represented by an animal mascot that is incorporated in to the content, and makes the lesson engaging and fun through lesson plans and activities.

### SEA OTTER

**Ages: 3 yrs – 6 yrs**

This is a transitional level that transfers the preschooler from the care of the parent to the instructor. Using games and activities, swimmers learn to open their eyes under water, further develop basic floats, glides, and swim 1m. \*This is a parent participation class.\*

**Sets 1 – 4: 3:30pm – 4pm**

**Sets 5 – 9: 10:30am – 11am**

### SALAMANDER

**Ages: 3 yrs – 6 yrs**

Children learn new swimming skills including assisted floats and glides through games and songs. The level includes independent front and back floats, and learning to jump into chest-deep water. This level is primarily an orientation to the water for those who have minimal experience in water.

**Sets 1 – 4: 3:30pm – 4pm**

**Sets 5 – 9: 10am – 10:30am**

**or 2pm – 2:30pm**

### SUNFISH

**Ages: 3 yrs – 6 yrs**

Assisted by an instructor, children work on stroke and skill progression. The students begin independent front and back glides. This class will also focus on good judgment in, on and around the water as well as entries and floats in deep water.

**Sets 1 – 4: 3:30pm – 4pm**

**Sets 5 – 9: 10:30am – 11am**

**or 2pm – 2:30pm**

### CROCODILE

**Ages: 3 yrs – 6 yrs**

Children continue independent glides and kicking in deep water. Endurance is built by increasing the distance for front and back swims. Swimmers learn about the dolphin kick and try synchro skills in the water.

**Sets 1 – 4: 4pm – 4:30pm**

**Sets 5 – 9: 10:30am – 11am**

**or 2pm – 2:30pm**

### WHALE

**Ages: 3 yrs – 6 yrs**

Children will learn to swim independently and participate in team games. They will increase their distance and improve skills in front and back swims.

**Sets 1 – 4: 4pm – 4:30pm**

**Sets 5 – 9: 10:30am – 11am**

**or 2pm – 2:30pm**

### RED CROSS SWIM KIDS

**Ages: 5 yrs – 12 yrs**

Red Cross Swim Kids is a 10-level program for children 5-12 years of age. Children learn to swim, be fit, and stay in a safe environment that promotes achieving personal success. The program teaches competitive and survival strokes, and allows for a solid progression of skills and knowledge.



### RED CROSS SWIM KIDS

#### Level 1

Entry level for those who did not take the Red Cross Swim Preschool lessons.

This level provides an orientation to the water and the pool area and introduces floats and glides with kicks.

**Sets 1 – 4: 4:30pm – 5pm**

**Sets 5 – 9: 10am – 10:30am  
or 2:30pm – 3pm**

### RED CROSS SWIM KIDS

#### Level 2

A second orientation level which helps the child build skills in front and back swims. Children are introduced to deep water activities and proper use of a Personal Flotation Device (PFD).

**Sets 1 – 4: 4:30pm – 5pm**

**Sets 5 – 9: 10am – 10:30am  
or 2:30pm – 3pm**

### RED CROSS SWIM KIDS

#### Level 3

This level provides an introduction to front crawl as well as the foundation for making wise choices on where and when to swim. Diving is introduced and children will work on floats and changing direction.

**Sets 1 – 4: 4:30pm – 5pm**

**Sets 5 – 9: 10am – 10:30am  
or 2:30pm – 3pm**

### RED CROSS SWIM KIDS

#### Level 4

The front crawl, back glide and shoulder roll for back crawl are further developed.

Children work on kneeling dives, surface support and developing a greater sense of self – safety by understanding their own limits.

**Sets 1 – 4: 3:45pm – 4:30pm**

**Sets 5 – 9: 11am – 11:45am  
or 3pm – 3:45pm**

### RED CROSS SWIM KIDS

#### Level 5

Back crawl is introduced, along with sculling skills and whip kick on back. Children try stride dives and receive an introduction to safe boating skills.

**Sets 1 – 4: 3:45pm – 4:30pm**

**Sets 5 – 9: 11am – 11:45am  
or 3pm – 3:45pm**

### RED CROSS SWIM KIDS

#### Level 6

Front and back crawl continue to be refined as the elementary backstroke is newly introduced. Children are also introduced to safety on ice, elementary rescue of others with throwing assists, treading water and the front dive.

**Sets 1 – 4: 3:45pm – 4:30pm**

**Sets 5 – 9: 11am – 11:45am**

**or 3pm – 3:45pm**

### RED CROSS SWIM KIDS

#### Level 7

Continue to build skills and endurance for front crawl, back crawl and elementary back stroke and introduces whip kick on the front. Children learn about airway and breathing obstructions, and participate in timed treading water for increasing endurance.

**Sets 5 – 9: 11:45am – 12:30pm**

### RED CROSS SWIM KIDS

#### Level 8

Introduces the breaststroke, foot first surface dives, and rescue entries. Children learn about the dangers of open water, hypothermia and the performance of rescue breathing on children and adults.

**Sets 5 – 9: 11:45am – 12:30pm**

*(Members Only)*

### RED CROSS SWIM KIDS

#### Level 9

Front Crawl, back crawl, elementary backstroke and breaststroke continue to be refined. In this level children are encouraged to try combining different strokes and kicks for fitness. They also work on the head – first shallow dives and standing dives and learn about wise choices, peer influences and self – rescue from ice.

**Sets 5 – 9: 11:45am – 12:30pm**

### RED CROSS SWIM KIDS

#### Level 10

Further refinement of strokes with an introduction to butterfly and scissor kick as a warm – up/cool down stroke for fitness. Children learn about sun safety, rescue of others from the ice and head – first and feet – first shallow dives.

**Sets 5 – 9: 11:45am – 12:30pm**

### PRIVATE SWIM LESSONS

Private Swim Lessons are taught by qualified Canadian Red Cross Water Safety instructors. You will increase your comfort level in the water, improve your stroke efficiency, and create a more effective swim workout. Private lessons provide the greatest flexibility and one-on-one attention for swimmers of any age.

**To learn more, contact [aquatics@nswc.ca](mailto:aquatics@nswc.ca)**

#### RATES:

**30 minutes:**

**Member: \$33 per session**

**Package of 5 (30 minutes):**

**Member: \$145**

**45 minutes:**

**Member: \$48 per session**

**Package of 5 (45 minutes):**

**Member: \$215**

*\* Packages expire September 1, 2021*





### LIFESAVING COURSES

#### BRONZE STAR

**Prerequisites: 8 – 12 years old**

Bronze Star is an action packed course full of First Aid, Water Rescue, Fitness and CPR Skills. This course is designed for 8 – 12 year olds. Candidates will start to develop team – work skills, problem – solving skills and decision – making in rescue situations. This course will include a 400m Timed swim as part of the evaluation criteria that LITs experienced instructors will help students prepare for.

#### BRONZE MEDALLION

**Prerequisites: Bronze Star**

Bronze Medallion teaches an understanding of the lifesaving principles embodied in the four components of water rescue education - judgment, knowledge, skill and fitness. Rescuers learn self-rescue techniques, defense and release methods, and tows and carries in preparation for challenging rescues involving conscious and unconscious victims of various types, including spinal injuries and circulatory emergencies. Lifesavers develop stroke efficiency and endurance in a timed swim. Bronze Medallion includes the CPRA certification.



#### BRONZE CROSS

**Prerequisites: Bronze Medallion**

Must show proof of certification Bronze Cross is designed for lifesavers who want the challenge of more advanced training including an introduction to safety supervision in aquatic facilities. Candidates develop proficiency at performing patient assessments, managing aquatic spinal injuries, and preventing the loss of life in a variety of aquatic emergencies, while developing stroke endurance and fitness training skills. Bronze Cross includes the CPR – C certification and is one of the pre – requisite awards for all advanced Lifeguarding and Leadership training programs. Bronze Cross is also worth 2 Grade 11 High School Credits.

*\*Dates are to be determined, please reach out to [aquatics@nswc.ca](mailto:aquatics@nswc.ca) for more information.*

#### SWIMMING FOR ADULTS MASTERS

The NSWC Masters program is for people who enjoy swimming for fitness and recreation and who wish to improve their swimming ability. We offer regular, structured training sessions under the watchful eye of a swim coach. Practices emphasize stroke improvement, cardiovascular activity, and progressive fitness training.

**Jun 1 – Aug 19 | Mon & Wed | 8pm – 9pm**

**Member Drop In: \$15 / class**

**Member 5 Pack: \$60**



# SUMMER CAMPS!

**Tennis, Pickleball & Swimming**

**Red  
BALL**

**Orange  
BALL**

**Green  
BALL**

Let's play! Join us for a 3 hour tennis, pickleball, and swim camp every week this summer! Want more than 3 hours of fun? Add-ons available! Stay and play longer with all-day camp option.

# FRIDAY FUN NIGHTS

FRIDAYS 5:00PM  
ALL SUMMER | ALL AGES



ADULT TIKI DECK  
BBQ

BOUNCY CASTLES  
POOL GAMES  
LAWN GAMES  
MOVIE NIGHT

WEATHER  
DEPENDENT

## MULTI SPORT DAY CAMPS

**Ages: 6 yrs – 11 yrs**

Each week offers multi sport activities to keep kids active and doing lots of different things. Day camps are supervised in the safe environment of the Club by experienced leaders. Lunch provided.

**ACTIVITIES INCLUDE:**

- Swimming
- Martial Arts
- Basketball
- Skating
- Scavenger Hunts
- Dance
- Soccer
- Sportball
- Arts & Crafts

**WHAT TO PACK EACH DAY:**

Swim suit and towel, sunhat, sunscreen, runners, backpack, water bottle.

WEEK	DATES
1	Jul 5 - Jul 9
2	Jul 12- Jul 16
3	Jul 19 - Jul 23
4	Jul 26 - Jul 30
5	Aug 3 – Aug 6
6	Aug 9 – Aug 13
7	Aug 16 – Aug 20
8	Aug 23 – Aug 27

**Mon – Fri | 9am – 4pm**

*(excluding holidays)*

**Member: \$300/week**

**Non Member: \$425/week**

**Drop in *(if available)***

**Member: \$65 day**

**Non Member: \$95 day**

Camps fill up quick! Please provide a minimum of 24 hours notice for 1 day drop ins so we can ensure there is room available in the camp. Call 604-985-4135.

## NSWC DAY CAMP ADD ON **New for 2021**

If your child is registered in one of our hourly or half day hockey or tennis camps, you can add a Multi Sport Camp “add on” to your week and have your child join the multi-sport camp after their hockey or tennis camp. This is a super great option for those kids that want to spend more time in a particular activity and great for the parents that need the all-day supervision.

**Member: \$160/week (4hrs/day)**

**Non Member: \$232.50/week (4hrs/day)**

Have questions? Email Kim at [khirji@nswc.ca](mailto:khirji@nswc.ca)

## SUMMER FRIDAY FUN NIGHTS!

**Age: must be 5 years old, unless accompanied by a parent.**

Come join us every Friday night and take advantage of the warm long nights of summer while you can! The children can enjoy swimming in the pool and games on the grass area, finishing the evening with a movie in the Senior lounge, while the adults can enjoy a drink and barbecues on our outside Tiki deck!

All children (regardless of swimming ability) under the age of 8 years must be accompanied in the water and within arm’s reach of an adult over the age of 16.

**Fridays: 5pm—9pm**

**Starting Friday June 4th**

*\*Program is weather dependent*

*\*Program is open to members and their guests.*



### NSWC SUMMER HOCKEY CAMPS

Our NSWC Summer Camps are a great way to keep your kids active over the break. Drop them off for a day of fun activities with 2 on-ice sessions including skating, puck skills and games (\*COVID depending). The kids will also get introduced to off-ice development and team games. Lunch is included.

#### U9 (2015 - 2013 BIRTH YEARS)

Week 7: Aug 23 - Aug 27

8am - 3pm | 5 sessions

Week 8: Aug 30 - Sept 3

8am - 3pm | 5 sessions

#### U9 (FORMERLY INITIATION) ITINERARY

8:00am	Drop Off
8:30am - 9:30am	On Ice Power Skating
9:45am	Snack
10:00am - 10:45am	Off Ice Games/Development
11:00am - 12:00pm	Swimming
12:15pm - 12:45pm	Lunch
1:15pm - 2:30pm	Puck & Game Skills
3:00pm - 3:15pm	Dressing Room Pick Up

Member: \$375 /week

Non Member: \$545 /week

#### U11 (2011 & 2012 BIRTH YEARS)

Week 7: Aug 23 - Aug 27

9am - 4pm | 5 sessions

Week 8: Aug 30 - Sep 3

9am - 4pm | 5 sessions

#### U11 (FORMERLY ATOM) ITINERARY

9:00am	Drop Off
9:30am - 10:30am	On Ice Power Skating
10:45am	Snack
11:00am - 11:45am	Off ice Games/Development
12:00pm - 1:00pm	Swimming
1:30pm - 2pm	Lunch
2:30pm - 3:45pm	Puck & Games Skills/3on3
4:00pm - 4:15pm	Dressing Room Pick Up

Member: \$375 /week

Non Member: \$545 /week



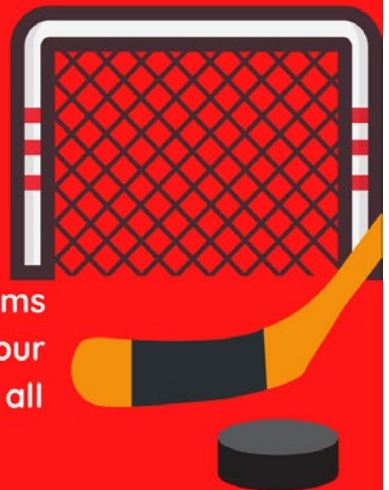


# HOCKEY CAMPS!

NSWC Is running all day hockey camps  
for U9 & U11 players!

- August 23 - 27
- Aug 30 - Sept 3

There will be lots of hockey programs  
added as well! These will pair with our  
multi-sport camps so you can stay all  
day at the NSWC!



# Tennis & Pickleball

SUMMER 2021



## JUNIORS TENNIS PROGRAMS

From 2012, the ITF (International Tennis Federation) Rules of Tennis state that competition for players aged 10-and-under must be played with slower Red, Orange and Green balls on the appropriately sized courts. The traditional Yellow ball will not be permitted.

All NSWC 10 and under tennis programs will be using this "Progressive Tennis" format.

Progressive Tennis is a recognized international format that teaches tennis in a fun and interactive way by using tennis balls, racquets, nets, and courts that are scaled to match the size and age of the players. This format provides young players with optimal challenge and success: skills can be learned faster, rallies can be enjoyed sooner, tactical practice is well facilitated, and the transition to full court can be made easier!

RED, ORANGE, AND GREEN programs have been split into two pathways: a PERFORMANCE pathway and a HIGH PERFORMANCE pathway.



# Tennis & Pickleball SUMMER 2021

## TENNIS PICKLEBALL & SWIMMING SUMMER CAMPS

### Red & Orange Ball (Ages: 6 yrs – 8 yrs)

Tennis, Pickleball, and Swimming every day! Red/Orange Ball tennis is designed to develop the fundamental tennis skills (technical/tactical) required in game situations using a modified 3/4 court and easy play tennis balls. Pickleball includes basic rallying skills, basic tactical skills, and how to initiate a point effectively. PLUS – supervised fun Pool time!

Week 1:	Jul 5 – Jul 9	9am – 12pm	5 sessions
Week 2:	Jul 12 – Jul 16	9am – 12pm	5 sessions
Week 3:	Jul 19 – Jul 23	9am – 12pm	5 sessions
Week 4:	Jul 26 – Jul 30	9am – 12pm	5 sessions
Week 5:	Aug 3 – Aug 6	9am – 12pm	4 sessions <i>(No camp Aug 2nd)</i>
Week 6:	Aug 9 – Aug 13	9am – 12pm	5 sessions
Week 7:	Aug 16 – Aug 20	9am – 12pm	5 sessions
Week 8:	Aug 23 – Aug 27	9am – 12pm	5 sessions
Week 9:	Aug 30 – Sep 3	9am – 12pm	5 sessions

Member: \$225/week                      \$180/week 5  
Non Member: \$300/week                \$240/week 5

**NEW THIS YEAR** – You can “add on” to your tennis camp and have your child(ren) attend a Multi Sport Camp after or before their Tennis Program. This is a great option for those parents that need all day supervision for their children. The Multi Sport camp offers different activities for your child to participate in in a safe, supervised environment. To sign up for the ALL DAY option please go to “day camp” and sign up for “Multi Sport Add on” for the date you have also selected as your Tennis program.

Member: \$160/week (4hrs/day) | Non Member: \$232.50/week (4hrs/day)





# Tennis & Pickleball SUMMER 2021

## TENNIS PICKLEBALL & SWIMMING SUMMER CAMPS

### Green Ball (Ages: 9 yrs – 11 yrs)

Tennis, Pickleball, and Swimming every day! Green Ball Tennis is designed to develop fundamental tennis skills required in game situations. Coaches will focus on technical skills and provide lots of games and opportunities for success. Pickleball instruction will cover groundstrokes, serve, volleys, how to initiate a point, and scoring. Kids will play mini matches! PLUS – supervised fun Pool time!

Week 1:	Jul 5 – Jul 9	12pm – 3pm	5 sessions
Week 2:	Jul 12 – Jul 16	12pm – 3pm	5 sessions
Week 3:	Jul 19 – Jul 23	12pm – 3pm	5 sessions
Week 4:	Jul 26 – Jul 30	12pm – 3pm	5 sessions
Week 5:	Aug 3 – Aug 6	12pm – 3pm	4 sessions (No camp Aug 2nd)
Week 6:	Aug 9 – Aug 13	12pm – 3pm	5 sessions
Week 7:	Aug 16 – Aug 20	12pm – 3pm	5 sessions
Week 8:	Aug 23 – Aug 27	12pm – 3pm	5 sessions
Week 9:	Aug 30 – Sep 3	12pm – 3pm	5 sessions

Member: \$225/week      \$180/week 5  
Non Member: \$300/week      \$240/week 5

## TEEN TENNIS TRAINING

### (Ages: 12 yrs +)

This group is for the novice/intermediate teen who would like to learn to play tennis. This program is designed to develop the fundamental tennis skills (technical/tactical/physical) to learn the game.

Week 1:	Jul 5 – Jul 9	2pm – 3:30pm	5 sessions
Week 2:	Jul 12 – Jul 16	2pm – 3:30pm	5 sessions
Week 3:	Jul 19 – Jul 23	2pm – 3:30pm	5 sessions
Week 4:	Jul 26 – Jul 30	2pm – 3:30pm	5 sessions
Week 5:	Aug 3 – Aug 6	2pm – 3:30pm	4 sessions (No camp Aug 2nd)
Week 6:	Aug 9 – Aug 13	2pm – 3:30pm	5 sessions
Week 7:	Aug 16 – Aug 20	2pm – 3:30pm	5 sessions
Week 8:	Aug 23 – Aug 27	2pm – 3:30pm	5 sessions
Week 9:	Aug 30 – Sep 3	2pm – 3:30pm	5 sessions

Member: \$112.50/week      \$90/week 5  
Non Member: \$168.75/week      \$135/week 5

**NEW THIS YEAR** – You can “add on” to your tennis camp and have your child(ren) attend a Multi Sport Camp after or before their Tennis Program. This is a great option for those parents that need all day supervision for their children. The Multi Sport camp offers different activities for your child to participate in in a safe, supervised environment. To sign up for the ALL DAY option please go to “day camp” and sign up for “Multi Sport Add on” for the date you have also selected as your Tennis program. Have questions? Email Kim at [khirji@nswc.ca](mailto:khirji@nswc.ca).

Member: \$160/week (4hrs/day) | Non Member: \$232.50/week (4hrs/day)

## ACTIVITIES

### POOL PACKAGE

Includes: One hour of swimming including games and pool toys, and one hour reserved space on our Tiki deck lawn for food. (16 meal plans included, additional rates apply if over 16 in attendance) (available May through August)

### SPORTBALL PACKAGE

Includes: One hour of our popular Sportball program including a registered Sportball Instructor and one hour room rental for food. (16 meal plans included, additional rates apply if over 16 in attendance)

### BOUNCY CASTLE PACKAGE

Includes: One hour rental of bouncy castle with one party host and one hour room rental for food and cake. (16 meal plans included, additional rates apply if over 16 in attendance)

### HTC PACKAGE

Includes: One hour private rental of HTC ice and one hour room rental for food and cake. (16 meal plans included, additional rates apply if over 16 in attendance) NSWC does not supply skates or gear. Full gear and helmets are required.

Activity Plans can have additional items added for a rental cost. In some circumstances, a host charge may be added based on activities and number of kids in attendance.

### MEAL PLANS, *choose One:*

- **Pizza and Veggies:** includes 2 slices of pizza and veggies with dip, 3 pitchers of pop/juice.
- **Chicken Strips with Fries:** includes 3 strips and fries, 3 pitchers of pop/juice.

### *Additional Adds for Meal Plans*

*(up to 16 guests)*

- Pizza (16 slices)
- Nachos
- Chicken Strips (16)
- Fries
- Veggies & Dip Platter
- Fruit Platter
- Dessert Platter  
*(assortment of squares, cookies)*

All Birthday Party Activity and Meal plans include up to 16 guests, additional for above 16 guests.

Maximum of 25 children. Parent involvement is required. Price includes table, chairs, utensils, plates.

No outside food is permitted in the Club with the exception of Birthday Cake.

Birthday Parties must be booked 2 weeks in advance of the date and final numbers are due one week in advance of the booking.

**Please note that due to Covid safety protocols, summer party packages may change or not be offered. Please reach out to [info@nswc.ca](mailto:info@nswc.ca) with any questions.**



# INVESTING FOR YOU.



2021 IS BRINGING NEW UPGRADES JUST FOR YOU.

CONSTRUCTION OF **INDOOR PICKLEBALL COURTS**

NEW OUTDOOR **TENNIS HARD COURT** SURFACE WITH CONVERTIBLE PICKLEBALL COURTS

UPGRADING HIGH PERFORMANCE **TRAINING STUDIOS** IN THE FORMER RACQUETBALL AREA

ADDITION OF **HEALTH & WELLNESS CLINIC**

**CLUB SECURITY** AND FOB SYSTEM UPGRADE

**FRONT ENTRANCE** DRAINAGE

**REROOFING** OF CLUBHOUSE

NEW **ROADWAY SIGN**

**POOL** IMPROVEMENT PROJECTS



NORTH SHORE  
WINTER CLUB



Follow us on Instagram, Twitter & Facebook