



# COVID 19 HEALTH AND SAFETY PROTOCOLS

## November 21, 2021

### Minor Hockey Visiting Teams

<p><b>Building Access</b></p>	<ul style="list-style-type: none"> <li>• Masks need to be worn at all times in the facility unless on the field of play. No exceptions.</li> <li>• All visiting players, team officials &amp; Den Moms (for female teams) must have signed a <a href="#">self-declaration</a> each time before entering the facility.</li> <li>• <u>The roster &amp; contact information</u> for each player <b>must be provided to Member Services</b> by the team manager <i>prior</i> to the game by emailing them at <a href="mailto:info@nswc.ca">info@nswc.ca</a> .</li> <li>• Visiting <b>players</b> (21 and under) participating in games, do not need to show proof of vaccination.</li> <li>• All teams must wait outside the entrance until full team has arrived, and must enter together as a team. Coach/Manager must accompany team when entering the club (no more than 45 minutes prior to game start time).</li> <li>• Teams may warm-up in the underground parkade, prior to the game.</li> <li>• <b>Enter</b> through the front lobby, hand sanitize, then proceed directly to assigned dressing rooms.</li> <li>• Visiting players will only have access to the team’s assigned dressing room(s), and ice rink. They may not access or use any other areas of NSWC’s facility.</li> <li>• Controls are in place to provide players with a specified path to the rink they’re playing on.</li> <li>• Directional signage is located around the facility and indicates where to go next.</li> <li>• Players will be required to observe physical distancing markers in the dressing rooms, at all times.</li> </ul>
<p><b>Health Screening &amp; Reporting</b></p>	<ul style="list-style-type: none"> <li>• Upon arrival, all players &amp; team officials will be required to complete the NSWC Self-declaration form.</li> <li>• Any form of illness will warrant NSWC to deny the player/team official entry to the facility.</li> <li>• Proof of vaccination is NOT REQUIRED for visiting players (21 and younger) participating in games.</li> <li>• Any supervisor/coach/official/volunteer supervising or assisting with indoor youth sport <b>MUST SHOW</b> proof of vaccine (two doses).</li> <li>• Spectators <b>MUST SHOW</b> proof of vaccine (two doses) at indoor sport and activities.</li> <li>• If an individual start showing symptoms during the practice/game, they will be asked to immediately leave the facility.</li> </ul>
<p><b>Physical Distancing</b></p>	<ul style="list-style-type: none"> <li>• All players and team officials will be required to follow social distancing of 2m at all times until they reach the ice.</li> <li>• Players and coaches will not be allowed to high five, fist bumps or handshakes with other players/coaches.</li> <li>• Coaches and team officials must wear masks at all times unless on the field of play or where physical distancing is not possible.</li> </ul>

<b>Players protocols</b>	<ul style="list-style-type: none"> <li>• Players 13 and under are <i>strongly recommended</i> to arrive to the rink fully dressed (they may bring in their skates, helmet, gloves and stick to put on in the dressing room). A maximum number of participants will be allowed into each dressing room (marked). Anyone that requires help with getting their skates tied must either have a person on the team roster do so, or go to the designated benches to have a parent help.</li> <li>• Benches beside the rink or Family dressing rooms (max 1 player per bench) will be available for younger players and their parent.</li> <li>• Players can arrive 45 minutes prior to their ice time. They will then be required to exit within 30 minutes of the ice time finishing.</li> <li>• Absolutely no spitting.</li> </ul>
<b>Amenities</b>	<ul style="list-style-type: none"> <li>• No shower access allowed for players; washroom access only.</li> <li>• Maximum of two (2) parents in the dressing room at one time.</li> </ul>
<b>Spectators</b>	<ul style="list-style-type: none"> <li>• Visiting teams may bring <b>one (1) spectator per player</b>. Spectators MUST provide proof of vaccination upon entry to the club, and be 12 years and up.</li> <li>• All spectators must be seated, and wearing a mask when not eating or drinking.</li> <li>• Any injured players not participating must show proof of vaccination in order to access Rink side seating.</li> <li>• Non-member spectators are <b>not</b> permitted in the upper indoor viewing area.</li> <li>• <b>Security Guard</b> will be on site. Any spectator violating the policy will be politely asked to leave.</li> </ul>
<b>Exiting Building</b>	<ul style="list-style-type: none"> <li>• All members and visitors will <b>exit</b> from the doors at the rear of the lobby.</li> </ul>
<b>Personal Protective Equipment</b>	<ul style="list-style-type: none"> <li>• All Coaches and team officials will be required to <b>wear a mask</b> (this may include but not limited to: dressing rooms, bathrooms, on the benches, hallways, lobby area)</li> <li>• All Players must wear a mask when entering/exiting the Club, walking through the Club, and in hockey dressing rooms/changing areas. Masks can be removed prior to physical activity.</li> <li>• The NSWC will not accept mask exemptions.</li> </ul>
<b>Hygiene/Cleaning Practices</b>	<ul style="list-style-type: none"> <li>• All players and team officials will wash/sanitize their hands upon entering the facility, and when they exit.</li> <li>• Sharing of hockey equipment will not be allowed.</li> <li>• Hand sanitizer and cleaning products will be available out by both team benches, in the designated viewing areas and dressing areas.</li> </ul>
<b>Water Bottles</b>	<ul style="list-style-type: none"> <li>• Water bottles must be brought and filled prior to arrival.</li> </ul>
<b>Parking</b>	<ul style="list-style-type: none"> <li>• All visitors must park in the underground parking lot.</li> </ul>

Updated Oct 15, 2021