



COVID 19 HEALTH AND SAFETY PROTOCOLS

November 21, 2021

Minor Hockey Visiting Teams

<p>Building Access</p>	<ul style="list-style-type: none"> • Masks need to be worn at all times in the facility unless on the field of play. No exceptions. • All visiting players, team officials & Den Moms (for female teams) must have signed a self-declaration each time before entering the facility. • <u>The roster & contact information</u> for each player must be provided to Member Services by the team manager <i>prior</i> to the game by emailing them at info@nswc.ca . • Visiting players (21 and under) participating in games, do not need to show proof of vaccination. • All teams must wait outside the entrance until full team has arrived, and must enter together as a team. Coach/Manager must accompany team when entering the club (no more than 45 minutes prior to game start time). • Teams may warm-up in the underground parkade, prior to the game. • Enter through the front lobby, hand sanitize, then proceed directly to assigned dressing rooms. • Visiting players will only have access to the team’s assigned dressing room(s), and ice rink. They may not access or use any other areas of NSWC’s facility. • Controls are in place to provide players with a specified path to the rink they’re playing on. • Directional signage is located around the facility and indicates where to go next. • Players will be required to observe physical distancing markers in the dressing rooms, at all times.
<p>Health Screening & Reporting</p>	<ul style="list-style-type: none"> • Upon arrival, all players & team officials will be required to complete the NSWC Self-declaration form. • Any form of illness will warrant NSWC to deny the player/team official entry to the facility. • Proof of vaccination is NOT REQUIRED for visiting players (21 and younger) participating in games. • Any supervisor/coach/official/volunteer supervising or assisting with indoor youth sport MUST SHOW proof of vaccine (two doses). • Spectators MUST SHOW proof of vaccine (two doses) at indoor sport and activities. • If an individual start showing symptoms during the practice/game, they will be asked to immediately leave the facility.
<p>Physical Distancing</p>	<ul style="list-style-type: none"> • All players and team officials will be required to follow social distancing of 2m at all times until they reach the ice. • Players and coaches will not be allowed to high five, fist bumps or handshakes with other players/coaches. • Coaches and team officials must wear masks at all times unless on the field of play or where physical distancing is not possible.

Players protocols	<ul style="list-style-type: none"> • Players 13 and under are <i>strongly recommended</i> to arrive to the rink fully dressed (they may bring in their skates, helmet, gloves and stick to put on in the dressing room). A maximum number of participants will be allowed into each dressing room (marked). Anyone that requires help with getting their skates tied must either have a person on the team roster do so, or go to the designated benches to have a parent help. • Benches beside the rink or Family dressing rooms (max 1 player per bench) will be available for younger players and their parent. • Players can arrive 45 minutes prior to their ice time. They will then be required to exit within 30 minutes of the ice time finishing. • Absolutely no spitting.
Amenities	<ul style="list-style-type: none"> • No shower access allowed for players; washroom access only. • Maximum of two (2) parents in the dressing room at one time.
Spectators	<ul style="list-style-type: none"> • Visiting teams may bring one (1) spectator per player. Spectators MUST provide proof of vaccination upon entry to the club, and be 12 years and up. • All spectators must be seated, and wearing a mask when not eating or drinking. • Any injured players not participating must show proof of vaccination in order to access Rink side seating. • Non-member spectators are not permitted in the upper indoor viewing area. • Security Guard will be on site. Any spectator violating the policy will be politely asked to leave.
Exiting Building	<ul style="list-style-type: none"> • All members and visitors will exit from the doors at the rear of the lobby.
Personal Protective Equipment	<ul style="list-style-type: none"> • All Coaches and team officials will be required to wear a mask (this may include but not limited to: dressing rooms, bathrooms, on the benches, hallways, lobby area) • All Players must wear a mask when entering/exiting the Club, walking through the Club, and in hockey dressing rooms/changing areas. Masks can be removed prior to physical activity. • The NSWC will not accept mask exemptions.
Hygiene/Cleaning Practices	<ul style="list-style-type: none"> • All players and team officials will wash/sanitize their hands upon entering the facility, and when they exit. • Sharing of hockey equipment will not be allowed. • Hand sanitizer and cleaning products will be available out by both team benches, in the designated viewing areas and dressing areas.
Water Bottles	<ul style="list-style-type: none"> • Water bottles must be brought and filled prior to arrival.
Parking	<ul style="list-style-type: none"> • All visitors must park in the underground parking lot.

Updated Oct 15, 2021