

2022-2023 North Shore Winter Club Hockey Season Information (U11- U18 & Female)

U11

Number of Teams: 5 (4 rep + 1 house)

Roster Size: 14-15

Coaches	HC	AC	AC
U11 A1	Cam Paddock	Joe Beaupre	Tak Anholt
U11 A2	Evan Richardson	Tak Chijwa	
U11 A3	Cole Watt	Rory Mickillop	
U11 A4	TBD	Anton Millareal	

Season Ice Schedule

	Practices	Home Games
U11 A1	<u>MONDAY</u> 6: 30am - 7: 30am Large <u>WEDNESDAY</u> 7pm - 8pm Small	<u>FRI DAY</u> 6pm - 7: 15pm Large
U11 A2	<u>WEDNESDAY</u> 6: 30am - 7: 30am Large <u>THURSDAY</u> 7pm - 8pm HTC	<u>MONDAY</u> 6: 15pm - 7: 30pm Large
U11 A3	<u>SUNDAY</u> 1: 15pm - 2: 15pm Large <u>SATURDAY</u> 5: 15pm - 6: 15pm Small	<u>THURSDAY</u> 7: 30pm - 8: 45pm Large
U11 A4	<u>TUESDAY</u> 4pm - 5pm Small <u>SATURDAY</u> 4pm - 5pm Large	<u>SUNDAY</u> 10am - 11: 15am Large
U11 Hawks	<u>WEDNESDAY</u> 4pm - 5pm Large <u>SATURDAY</u> 11am - 12pm Large  Alternate <u>SUNDAY</u> 10: 30am - 11: 30am Small	<u>SUNDAY</u> 8: 30am - 9: 45am Large

### U13

Number of Teams: 5 (4 rep + 1 house)

Roster Size: 13-15

Coaches	HC	AC	AC
U13 A1	Jon Woodyard	Kyle Bergh	Malcolm Gould
U13 A2	Mike Stewart	David Beaupre	Mitch Ledyard
U13 A3	Connor Newcombe	Kyle Jennings	
U13 A4	TBD	TBD	

### Season Ice Schedule

	Practice	Home Games
U13 A1	<u>TUESDAY</u> 6:30am - 7:30am Large <u>WEDNESDAY</u> 8pm - 9pm HTC <u>SUNDAY</u> 5:15pm - 6:30pm Planet Ice	<u>SATURDAY</u> 6:15pm - 7:45pm Large
U13 A2	<u>TUESDAY</u> 7:00pm - 8:15pm HTC <u>THURSDAY</u> 6:30am - 7:45am Large	<u>FRI DAY</u> 7:30pm - 9pm Large
U13 A3	<u>MONDAY</u> 8pm - 9pm HTC <u>FRI DAY</u> 6:30am - 8:45am Large	<u>SATURDAY</u> 11:15am - 12:45pm Large
U13 A4	<u>TUESDAY</u> 7:45pm - 8:45pm HTC <u>SATURDAY</u> 1pm - 2pm Large	<u>MONDAY</u> 7:45pm - 9:15pm Large
U13 Hawks	<u>TUESDAY</u> 6:30pm - 7:30pm HTC <u>WEDNESDAY</u> 5pm - 6pm Large  Alternate <u>SUNDAY</u> 10:30am - 11:30am Small	<u>SUNDAY</u> 8:30am - 9:45am Large

## U15

Number of Teams: 2 (1 rep + 1 house)

Roster Size: 11-16

Coaches	HC	AC	AC
U15 AI	Cody Campbell	Jimmy Guman	
U15 Hawks	TBD		

### Season Ice Schedule

	Practices	Home Games
U15 AI	<u>TUESDAY</u> 7: 45p m 9p m Large <u>THURSDAY</u> 8: 15p m 9: 15p m HTC  **Extra Development - TBD	<u>SATURDAY</u> 8p m 9: 30p m Large
U15 Hawks	<u>MONDAY</u> 4p m 5p m Large <u>FRI DAY</u> 7: 00p m 8: 00p m Small	<u>SUNDAY</u> 11: 45a m 1: 00p m Large

## U18

Number of Teams: 2 (1 rep + 1 house)

Roster Size: 21-22

Coaches	HC	AC	AC
U18 AI	Christian Reaume	Malcolm Allen	

### Season Ice Schedule

	Practices	Home Games
U18 AI	<u>MONDAY</u> 9: 30p m 10: 45p m Large <u>WEDNESDAY</u> 8: 15p m 9: 30p m Small	<u>FRI DAY</u> 9: 15p m 10: 45p m Large

U18 H a w k s	<u>MONDAY</u> 8: 15p m 9: 30p m S m a l l <u>TUESDAY</u> 9: 15p m 10: 30p m L a r g e	<u>THURSDAY</u> 9p m 10: 30p m L a r g e
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Female

Number of teams: 3 (One per age group)

Roster Size: 14-16

Coaches

	Head Coaches
U11	TBD
U13	Karen Kos
U15	Ki ana W a t s o n

	Practices	Home Games
Female U11	<u>MONDAY</u> 6: 45p m 7: 45p m H T C <u>TUESDAY</u> 5p m 6p m L a r g e	<u>SATURDAY</u> 8: 15a m 9: 30a m H T C
Female U13	<u>WEDNESDAY</u> 5: 45p m 6: 45p m S m a l l <u>THURSDAY</u> 4: 45p m 5: 45p m L a r g e	<u>SATURDAY</u> 9: 45a m 11a m L a r g e
Female U15	<u>MONDAY</u> 5p m 6p m L a r g e <u>THURSDAY</u> 7: 15p m 8: 15p m S m a l l	<u>TUESDAY</u> 6: 15p m 7: 30p m L a r g e